Children’s Classes
Ruhi Book 3 | Lesson 12

Kindness

> **Prayers** “O God Guide me, ...” & “Blessed is the Spot”

> **Song / Drama**

   Kindness, by Stefan Brown (The Angelic Way, Virtues to Music)

> **Quote** – read, explain and memorise it.

   “Blessed is he who mingleth with all men in a spirit
   of utmost kindliness and love.”

   (Cut quote into a puzzle, and let children arrange it in the right order.)

> **Craft** – Make ‘peace’ and ‘kindness’ birds out of paper, decorate them.

   Because it’s the little acts of kindness others show us, that give us wings to fly and
   see the world in a much brighter light.

> **Story**

   p 40-41 of Ruhi Book 3 – about Hakim Aqa Jan and Muhammad Baqir

> **Colour in** lesson picture

   use scanned images from Ruhi book attached

> **Game** > if there is time...

   “The Hidden Quality”

   All children stand in a circle with the hands stretched out in front. The teacher walks from child
to child, pretending to drop a coin representing kindness into their hands. “Martha is kind, Sam
is kind, Darian is kind, etc” Children pretend to receive it and close their hands after. The teacher
actually leaves the coin in the hands of one child. Then one child has to try and guess who has
the coin, saying “Martha is very kind”. The child has 3 guesses. The next round a different quality
can be chosen (honesty, joyfulness, trustworthy, etc)

> clean up
A. **Cut out template dove.**

B. **Cut coloured paper in half.**

C. **Fold in half.**

D. **Push wings through to the half way fold.**

E. **Pull down fan wings. Stick on ring reinforcers on both sides of head for eyes.**
“Blessed is he who mingleth with all men in a spirit of utmost kindliness and love.” – Bahá’u’lláh